

for individuals

supervision is an opportunity to:

- ✧ reflect on practices
- ✧ increase skills in problem solving
- ✧ improve clarity and objectivity in decision-making

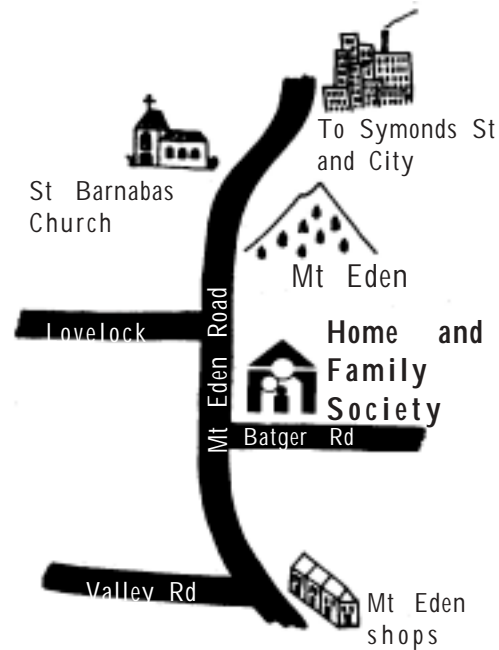
It empowers, motivates and increases work satisfaction; and improves performance with development of new interpersonal skills.

for organisations

supervision:

- ✧ promotes best-practice in the workplace
- ✧ encourages a positive culture
- ✧ increases employee skills in decision-making and problem solving
- ✧ reduces staff turn-over
- ✧ enhances professional development

Where to find us



12/2002

Contact us

To discuss the best supervision plan for you or your organisation, contact Mary Gray, Director, at Home and Family on:

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Home and Family Society

counselling and supporting people

supervision supervision supervision

Supervision

Supervision offers an independent, personalised opportunity to review one's professional practice.

benefits

Supervision offers individuals and organisations an opportunity to improve their professional practice and deliver better outcomes by talking openly and privately about work-place issues and decisions, with someone experienced in listening and understanding people.

It is not designed to take away a person's decision-making capacity, in fact supervision offers scope for discussing and exploring new ideas, achieving greater clarity and increasing professional action.

Home and Family supervisors use their skills and knowledge to help you develop yours

Supervision of workplace skills and practices is growing in New Zealand. In all levels of work and all industries, organisations are seeking qualified, external supervisory support for all staff. Many individuals are also turning to supervision privately to boost their professional self-development.

Home and Family

Home and Family is a counselling agency with over 100 years experience in helping adults find positive solutions to everyday issues and stresses.

These professional skills are now offered to individuals, social service professionals and trainees, and organisations looking for beneficial programmes for employees.

We offer supervision to professionals within the social services such as counsellors, social workers, co-ordinators, supervisors and managers.

It's a formal process aimed at enabling a person to practice to the best of their ability. It supports one's organisational, professional and personal objectives including focusing on competency, accountable practice, continuing professional development and personal support.

professional

Supervision is conducted by a trained and experienced Home and Family professional. Confidentiality and a highly ethical practice is assured.

Other Home and Family services and programmes include:

- ✧ Individual, couples and family counselling
- ✧ Young Person's counselling programme
- ✧ New Migrant therapeutic women's group
- ✧ Freedom from Fear programme for women

At Home and Family, we work with you to understand how you learn best and then help you achieve your work and professional development goals.

personalised

Home and Family draws up an individualised, personal contract with each person receiving supervision to ensure their specific needs are addressed and, where appropriate, a contract with the employer is also arranged.

cost

It is a cost-effective preventative development programme with personal and organisational benefits. There is a standard, competitive rate for supervision.