

Savvy Seniors



Savvy Seniors is a group for independent men and women aged 60+ who are living alone or with limited family and community supports. The group meets regularly and covers discussion topics, creative experiences, outings, sharing information and support networking.

- Supporting one another
- Active minds
- Vibrant and alive
- Very friendly
- Young at heart

- Social activities
- Enriching and educative
- New friendships
- Interesting discussions
- Outings and opportunities
- Relaxed atmosphere
- Sharing experiences



344 Mt Eden Road, Mt Eden
www.homeandfamily.org.nz



*Savvy Seniors new group
starting mid – December 2011 in
Mt Eden.*

*To register or for enquiries, ring
Home and Family Counselling
reception at 630 8961 ext 0*